

How you can help...

If you would like to support **hyh**, here are some ways in which you can help us:

- Raise funds in your local community and pick up a collection box
- Join our Payroll Giving scheme
- Become a **hyh** volunteer or Nightstop Herts host
- Consider leaving **hyh** a gift in your will
- Give one-off or regular donations
- Lend your skills to our events and activities or organise an event of your own
- Ask your employer, church, faith group, club or community group if they can make a donation or support us as a charity partner
- Donate an unwanted gift for **hyh** to raffle or auction
- Become a 'Friend of **hyh**' and help raise funds and the profile of **hyh**
- Follow us on Twitter @**hyhnews** and like us on Facebook

If there are any other ways you can think of supporting **hyh** then please get in touch to discuss your idea.



Where we are...



Need advice?

16 - 17 years
Freephone **03003 230130**

18 - 24 years
Freephone **08000 355 775**

For all other enquiries
03333 202 384 (local rate)



You can email us

info@hyh.org.uk



Our offices

Hatfield Office

Covering Hertsmere, Welwyn Hatfield,
East Herts & Broxbourne, St Albans,
Stevenage & North Herts

hyh 1st Floor, Gracemead House,
Woods Avenue, Hatfield
Herts AL10 8HX

Watford Office

Covering Watford & Three Rivers /
Dacorum

hyh @ YMCA, Charter House,
Charter Place, Watford,
Herts WD17 2RT

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www.hyh.org.uk

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Where you gonna sleep tonight?



FREE

Who we are...

We are an independent registered charity, established in 1998, to help young people secure and maintain appropriate accommodation by providing information, support and help in a crisis. **hyh** works with other agencies throughout Hertfordshire towards improving local provision and preventing homelessness.

We believe that safe and secure accommodation is the essential foundation from which young people can achieve a successful independent life. Our **FREE** mainstream services are Advice & Information, Floating Support and Nightstop Herts and we have a number of other **FREE** services which support and complement this work in areas such as Health, Mediation and Education. We are constantly exploring new ideas in an effort to achieve our goal of preventing homelessness.

Why we're here...

A roof over our heads, the support of a loving family and somewhere safe to come home to are all things most of us take for granted. But, right now, thousands of young people in Hertfordshire are unable to rely on any of these as they are either homeless or at risk of being homeless.

Every day young people are homeless in our community and our mission is to support them into a secure situation and ensure that they do not return to the desperation of an uncertain future



Our services...

The Homeless Hub

One YMCA and Herts Young Homeless (**hyh**) are working in partnership to deliver the Homeless Hub.

The Homeless Hub acts as a 'front door' to homeless prevention services. They prioritise 16 & 17 year olds and have a primary function of enabling families/carers with young people to stay together by working intensively with them before the point of crisis and those already in crisis, in order to prevent homelessness.

Where possible, they will use mediation to support the prevention of a homeless situation by supporting the young person and their family to reconcile differences, and ensure all necessary support is put in place.

Under 16's Mediation

A confidential and impartial service for young people (aged 10-15) and their families where conflict is causing distress. Where possible we aim to prevent family breakdown and youth homelessness, resolve family conflict and equip the family with skills to communicate more effectively and find their own solutions.

18+ Hub (Floating Support)

18+ Hub is offered to 18-24 year olds who are moving into independent accommodation / or those who are in accommodation and require support to maintain this. Our workers adopt a solution-focused approach to help young people to understand what it means to live independently and they identify how to support them in achieving this.

Health

The Health team supports service users with mental health issues. In partnership with local agencies, we work to resolve housing matters and support access to long-term recovery for mental health and substance misuse problems. We are also a delivery partner in the Hertfordshire Complex Needs service with Turning Point and Herts Mind Network.

Every year we help over 2,600 vulnerable people get their lives back on track...

Nightstop Herts

Nightstop Herts provides emergency accommodation for 18 to 24 year olds for up to five nights in the home of an approved **hyh** volunteer. The service can provide a safety net at a time of great vulnerability to those forced to leave their home. The aim is to prevent young people from sleeping rough, 'sofa surfing', or staying in unsuitable accommodation where they could be at risk. The scheme offers young people a safe, warm place to stay, a listening ear and 'breathing space' to work through their options with **hyh** workers.

Education

Our interactive sessions aim to prevent youth homelessness by informing young people of where they can get help and support when experiencing difficulty. We offer sessions that focus on the topics of homelessness, leaving home, independent living, managing conflict and healthy relationships.

We have a range of other bespoke projects that are funded to support specific service-user groups in different areas of the county.

hyh

Herts Young Homeless

Service-user involvement underpins all that we do and informs any strategic decisions that we make



FREE